

MARVELOUS MARCH WORKSHOP  
March 15th, 2020

**Premier 1:**

Annika B  
Magdalena K  
Paige M  
Sarah M  
Hannah M  
Nadine P  
Tabitha S

**Premier 2:**

Paige A  
Katjana B  
Keltie H  
Lily H  
Islay H  
Avery M  
Bella S

**Premier 3:**

Lauren A  
Julia M  
Shannon M  
Isobel T  
Reagan T  
Saoirse W

**Premier 4:**

Callie B  
Alison F  
Justine H  
Julia K  
Brianna K  
Gwendolyn K  
Heather N  
Seanna N  
Morgan P  
Zoe R

**Pre-Premier 1:**

Cailyn B  
Kaelyn C  
Estelle F  
Divya G  
Gweneth H  
Maren L  
Wyatt L  
Amoryn L  
Isabella S  
Hannah S  
Pola S

**Pre-Premier 2:**

Sasha B  
Emma C  
Adalyn D  
Morgan E  
Amelia H  
Lily I  
Addiyson K  
Kayla K  
Alexandra M  
Madison P

**Pre-Premier 3:**

Emma B  
Clarity K  
Hannah M  
Kate P  
Nora R  
Hannah S  
Kailey S

*Schedule*

9:00-9:30: <i>Warmup</i>	Studio A	Studio B	Studio C	Studio D
9:30-10:05 Fling	Premier 2; Macquarrie	Premier 3; McGregor	Premier 1; Gibney	Premier 4; Yonge
10:10-10:45 Sword	Premier 2; Gibney	Premier 3; Yonge	Premier 1; Macquarrie	Premier 4; McGregor
10:50-11:25 Seann Truibhas	Premier 2; McGregor	Premier 3; Gibney	Premier 1; Yonge	Premier 4; Macquarrie
11:30-12:05 Highland Reel	Premier 2; Yonge	Premier 3; Macquarrie	Premier 1; McGregor	Premier 4; Gibney
12:05-1:00 LUNCH				Pre-Premier: Warmup
1:00-1:45 Highland	Pre-Premier 2 Yonge	Pre-Premier 3 Gibney	Pre-Premier 1 Macquarrie	1:00-2:30; Mindfulness as a tool to support well-being
1:45-2:15 Nationals	Pre-Premier 2 Macquarrie	Pre-Premier 3 Yonge	Pre-Premier 1 Gibney	All premier dancers
2:15-3:00		All Pre-Premier dancers group choreography All instructors		McGregor